27(New). The method of claim 26, wherein the cereals having enzymatic activity are malted cereals.

28(New). The method of claim 27, wherein the malted cereals are barley, wheat, rye or oats.

29(New). The method of claim 27, wherein the malted cereals are rice, corn or sorghum.

30(New). The method of claim 27, wherein the malted cereals are in admixture with non-malted cereals.

31(New). The method of claim 28, wherein the malted cereals are in admixture with non-malted cereals.

32(New). The method of claim 29, wherein the malted cereals are in admixture with non-malted cereals.

33(New). The method of claim 26, wherein the foodstuff prepared is breakfast flakes, bread, rolls, pasta products, or is in the form of a powder intended to be stirred into liquid to form a beverage.

34(New). The method of claim 26, wherein the animal is man.

35(New). The method of claim 27 wherein the animal is man.

36(New). The method of claim 28, wherein the animal is man.

37(New). The method of claim 29, wherein the animal is man.

38(New). The method of claim 30, wherein the animal is man.

39(New). The method of claim 31 wherein the animal is man.

40(New). The method of claim 32, wherein the animal is man.

41(New). The method of claim 33, wherein the animal is man.